

# D y n a m i s H o m œ o p a t h i c, L L C

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## **Treating Kids with Homœopathy!**

Welcome to Dynamis Homœopathic, LLC! We look forward to working with you to improve your child's short-term and long-term health, and we promise to give your child the very best care we can provide.

This will be a team effort! We cannot succeed without your support and involvement.

In homœopathy, we view the various symptoms of a disease as the body's way of describing that disease to us. Since children are often unable to communicate their symptoms or tell us what makes them feel better or worse, we will be leaning on you, the parent, to observe these things for your child. The more detail we can collect about when, where, how and why your child gets sick, the more likely we will be able to find an effective homœopathic remedy. We can observe some of these things in the office or by videoconference but, as the parent, you will have many more opportunities than we will.

In order to address some of the difficulties of working with kids, we have developed an approach that we feel is more effective than simply treating kids as if they were adults. This approach has several prongs:

- 1. Scheduling more frequent followup appointments.** Especially at first, we may ask to see your child every 2-4 weeks until we are confident they are responding well to a remedy.
- 2. Staying in close contact after starting a new remedy.** We may ask you to submit updates once a week as we assess how a new remedy is doing.
- 3. Keeping a journal of your child's progress.** It is often difficult to think back to how your child was doing weeks ago. Writing it all down can be very helpful.
- 3. Taking care of yourself first.** Especially with certain allergic conditions, parents may need to de-

escalate a crisis. This requires a calm mind and the willingness to get in touch when help is needed. If you are bringing a child for treatment who suffers from such a condition, we may ask that you undergo homeopathic treatment before we begin working with your child.

**4. Bringing your child in when they are sick!** Treating kids homeopathically when they are ill prevents unnecessary chemical drug exposures, bolsters the overall adaptability of a child's immune system and, most helpfully, may point to the best long-term remedy for your child's health. If we see your child only when they are well, we will have a very difficult time finding an effective long-term remedy.

We also encourage families to learn about homeopathy and to use it at home! (What good is a medical paradigm that leaves you feeling helpless and dependent on doctors? We prefer empowerment.)

In particular, we recommend this website for common first aid and acute complaints:

[www.HomeopathicHouseCall.com](http://www.HomeopathicHouseCall.com).

There are also home remedy kits available at many pharmacies, including the following:

Hahnemann Laboratories (California), Washington Homeopathic Products (West Virginia), and Helios Pharmacy (England). We particularly like Helios's compact and light remedy kits and recommend the Basic 36 kit for home use and for travel.